## FRIENDS OF LISA KNIGHT

# AUGUST 2023 NEWSLETTER



# **It's Almost Back to School Time!**

# A NOTE FROM LISA

As August approaches, it is not too late to enjoy summer activities, nor is it too early to begin preparing for the return to school for many of our families. When my own children were in school, I'd sometimes wonder as a single parent how I was going to juggle it all between needing new shoes and backpacks, class schedules, and annual physicals; but, the resources and programs in our community have changed and grown since then, and I would like to share those vital resources with you now. If you or someone you know is struggling to make ends meet for their children, forward them these resources and hopefully together, we can lighten that weight on their shoulders.

The best place to start is by ensuring your child is enrolled properly, whether returning or new to our Grand Rapids schools - <u>start HERE to take the first steps</u>.

I wish you all a great month of August - enjoy the sunshine and stay cool during these dog days of summer.

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# Connect with Lisa

9AM-12PM 1ST & 3RD TUESDAY AND WEDNESDAY OF EACH MONTH

Call my office at **616-456-3864** to schedule a time to meet with me about a concern, or to simply just chat!









Cash and card payments are accepted & <u>EBT users\*</u> <u>welcome</u>!

RSVP now and pick up your mouthwatering bundle of happiness! Pick-up Time: 1st, 3rd, & 5th Tuesdays 4:00pm - 6:30pm Must RSVP the Thursday Prior!

205 Carrier St NE and Rapids, MI 49505 616-454-7900 \*South East Market & Produce Manager will handle EBT payment arrangements separately. **C**-

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Non-EBT: \$20

EBT: \$5 (75% Off) Feeds: 2-3

crestongr.com

UPCOMING CITY OF GR EVENTS

- Hispanic Festival (Aug 4)
- A Glimpse of Africa (Aug 12)
- One Peace Hip-Hop Festival (Aug 12)
- <u>10th Annual Family Fiesta</u> (Aug 18)
- <u>GR Fit Fest</u> (Aug 18-27)
- **GRAAHI** Rhythm Health Fair (Aug 19)
- Wage 'n' Wade (Aug 20)
- Polish Festival (Aug 25)
- Latino Health 5K (Aug 26)
- Girls Choral Academy Fall Jump Start (Sept 7)
- All City of GR Fitness Classes
- Experience GR August Events
- Grand Rapids Public Library August Events
- Grand Rapids Public Museum August Events





# BACK TO SCHOOL RESOURCES

**GIRLS CHORAL ACADEMY** - registration is now open for the 2023-24 season! As the Director, Lisa would love to teach and sing with your child this year.

### **TANGER OUTLET SCHOOL SHOPPING BASH -**

vendor giveaways, grand prize raffle drawing, face painting for the kids, and more.

IN THE IMAGE SHOES PROGRAM - for free shoes, vision screening and school supplies from August 7-23.

EL INFORMADOR BACKPACK GIVEAWAY - returns for the 11th year on August 11.

BACK TO SCHOOL BASH - for free school supplies for up to 250 GRPS students on August 27.

CHECK THE GRPS CALENDAR - for orientations, enrollment deadlines, and more!



# GRAND RAPIDS AREA COOLING CENTERS

## **LOCATIONS & HOURS**

Alano Club of Kent County 1020 College Ave NE Mon-Fri, 7:30 am -9pm Sat - Sun, 8:30 am -9pm

#### Degage

139 Sheldon SE When in Code Red: Cooling center open daily from 7am - 3pm. Suspensions and Curfew are lifted. Emergency shelter hours 3pm - 7am daily.

**Exodus** Place 322 Front Ave Daily, 9am - 9pm

**Grand Rapids Public Library** All locations available during regular hours grpl.org/locations.

### **Kent District Library**

All locations available during regular hours kdl.org/locations.

Updated July 2023

766 7th St NW Mon-Fri. 8:30am - 4pm **Mel Trotter** 

Matthew's House

225 Commerce Ave SW When in Code Red: Cooling center open daily from 7am - 3pm. No Services and Curfew remain in place. Emergency shelter hours 3pm - 7am daily. Curfew is 9pm

unless documentation of reason.

### West Grand Neighborhood Organization

754 Leonard St NW #2 Mon-Thurs, 8am – 3:30pm Weekends will only be as staffing allows; call 616-451-0150 first.



Code Red goes into effect when the **Real Feel is** 90\* or higher 



# What has Lisa been up to?



Lisa attends the Women United Summer Celebration.



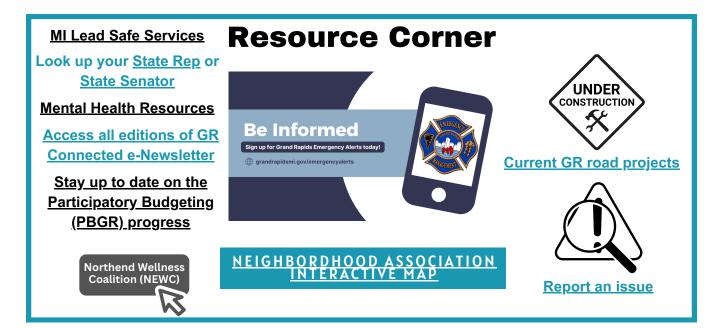
Lisa welcomes new Family Promise CEO, Tenisa Frye.



Lisa supports Food Truck Fridays at Riverside Park.



Commissioner Knight's advocacy is highlighted in <u>this</u> Fox17 article regarding changes to City ordinances related to activity in public spaces.



## WWW.FRIENDSOFLISAKNIGHT.COM | 616-456-3864

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